|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Setting Life Goals** | | | | |
| **Category** | **What I’m Doing Well** | **Where I Need Improvement** | **My Goals** | **Steps to Goal** |
| Family |  |  |  |  |
| Friends |  |  |  |  |
| Work/School |  |  |  |  |
| Spirituality |  |  |  |  |
| Body |  |  |  |  |