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| Every Day | |
| ❒ Make Bed | ❒ Squeegee shower walls |
| ❒ Clean coffeemaker | ❒ Sweep kitchen floors |
| ❒ Clean dirty dishes | ❒ Do laundry, as needed |
| ❒ Wipe down kitchen counters, stovetop, and table | ❒ Sanitize kitchen and bathroom sinks |
| ❒ Wipe down bathroom surfaces |  |

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| Every Week | |
| ❒ Mop kitchen and bathroom floors | ❒ Change bedding |
| ❒ Scrub bathroom surfaces | ❒ Toss expired food |
| ❒ Clean mirrors | ❒ Wipe down kitchen appliances |
| ❒ Dust furniture | ❒ Clean inside microwave |
| ❒ Vacuum floors and furniture | ❒ Sanitize sponges |

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| Every Month | |
| ❒ Vacuum vents and woodwork | ❒ Dust blinds |
| ❒ Clean dishwasher, laundry machines, and vacuum cleaner | ❒ Dust and clean light fixtures |

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| Every 3-6 Months | |
| ❒ Wipe down inside of fridge | ❒ Wash pillows and comforters |
| ❒ Clean kitchen range hood | ❒ Vaccuum mattress |
| ❒ Wash shower curtain and liner | ❒ Descale coffee maker |
| ❒ Clean under and behind furniture | ❒ Freshen drains and garbage disposal |
| ❒ Clean out freezer | ❒ Clean inside oven |
| ❒ Clean patio/deck surfaces and furniture | ❒ Wash car |

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| Every Year | |
| ❒ Clean fireplace and chimney | ❒ Clean around dryer and vents |
| ❒ Deep clean carpet and upholstery | ❒ Clean drapes and curtains |
| ❒ Deep clean windows | ❒ Clean out gutters |

